BLESSING PRAYERS

May the Lord bless us in our searching and our questions. They are the gateway to wisdom, enlightenment and peace, the way to our hearts.

Response: May the blessing of enlightenment and peace be upon us.

May the Lord bless us in our gifts; these are God’s providence to the world. To enrich it, to enable it, to bring it love.

Response: May we acknowledge and use the gifts God gives to us.
May the Lord bless us in the yearnings of our hearts. No matter how subtle, They are energy urging us forward in our quest for God and others.

Response: May our heart’s yearnings teach us empathy.

May the Lord bless our vision. No matter the climb it is a mountain peak calling us to experience God.

Response: Lord, may the blessing of vision be with us as we reach out with trust in you.
May the Lord bless us in our decisions. No matter the mistakes, they are our “yes” in life, our assent to the field where God is found.

Response: May the blessing of discernment be upon us.

May the Lord bless us in our reflections and ideas. No matter the doubts. They are seeds seeking nourishment, sunshine, life-giving water.

Response: May we imitate Saint Vincent, Saint Louise, Blessed Frederic Ozanam and Blessed Rosalie Rendu.

All: May our all loving Lord bless us in all our journey through the joys, our work, our struggles and the heart of the day.

Amen.