PSALM 139: 1-4, 23-24

O Lord, you search me and you know me.
You know when I sit and when I rise;
you perceive my thoughts from afar.
You discern my going out and my lying down;
you are familiar with all my ways.
Before a word is on my tongue you know it completely, O Lord.
Search me, O God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me, and lead me in the way everlasting.