



## Note

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# **From Ascension to Pentecost: A Mini-Retreat in the Spirit of St. Louise de Marillac**

# Day 1



I shall often recall the dispositions of the holy Apostles as they prepared for the coming of the Holy Spirit, especially their serenity in awaiting Him.

# Day 2



I must have great trust in God and believe that His grace will be sufficient to enable me to fulfill His holy will, however difficult it may appear to be, provided the Holy Spirit is truly calling me. I shall know this by listening to the advice which He will permit me to receive.

# Day 3



I must... labor diligently, O my soul, to... let the grace, with which the Holy Spirit wills to fill all the powers of my being, act in me.

# Day 4



I felt interiorly moved freely to place myself in a disposition of total availability. I must accept... uncertainty, as well as my inability clearly to perceive at this time the path which God wishes me to follow in His service. I must abandon myself entirely to His Providence so as to be completely His.

# Day 5



Our entire family should have great devotion to the Feast of Pentecost and total dependence on Divine Providence.

# Day 6



Reflecting on my lowliness and powerlessness, I shall invoke the grace of the Holy Spirit in which I shall have great confidence for the accomplishment of His will in me, which shall be the sole desire of my heart.



# Day 7



O Eternal Light, lift my blindness! O  
Perfect Unity, create in me simplicity  
of being!

# Day 8



The Holy Spirit... will certainly remove any obstacle to his divine operations by the ardor of his love. He will establish the laws of holy charity by endowing [you] with the strength to accomplish tasks beyond [your] human powers so long as [you] remain in a state of total detachment.

# Day 9



Since the Holy Spirit is the union of the Father and the Son, the life which we have freely undertaken must be lived in this great union of hearts.

# Day 10



My dear Sisters, I continue to ask God for His blessings for you and pray that He will grant you the grace to persevere in your vocation in order to serve Him in the manner He asks of you. Take good care of the service of the poor.

# Day 11



No desires, no resolutions, the grace of my God will accomplish in me whatever He wills.



(All quotes of Louise are from Spiritual Writings of Louise de Marillac, ed. & trans. by Sr. Louise Sullivan, DC, New City Press, 1991. Quotes selected by Regina Bechtle, SC)